



2022 Summer Adventures Mitchell County 4-H



4-H is the youth development program of North Carolina Cooperative Extension. Mitchell County 4-H offers Summer Adventures to provide educational day programs designed to build life skills through shared experiences and hands-on learning. **Youth must be 5 to 18 years of age as of January 1, 2022.** Follow the 3 easy steps to register:

4-H Summer Adventures Registration

The following are required, *without exception*, for 4-H Summer Adventures Registration

- 1. Before Camp Registration:** Enroll as 4-H member at v2.4honline.com (includes health form, emergency contact, program liability waiver, and photo release). Contact **Christy Harrell** if you need help enrolling.
- 2. Register for camps beginning Tuesday, May 17th from 5:00-7:00pm**, in-person at the Mitchell County Cooperative Extension Center. Registration will be first-come, first-served and will continue during normal office hours from 8:00-5:00 on weekdays until camps are full.
- 3. Please bring cash or check payable to Mitchell County General Fund.** Payment for camp fees is due in full at time of registration to cover insurance and supplies. Waitlists do not require payment up front, but will be due if a space opens and you accept.

See Registration Policies and Additional Information on Registration Form.

Contact:

Eve Kindley, 4-H Agent: emkindle@ncsu.edu

Christy Harrell, Administrative Assistant: charrel4@ncsu.edu

828.688.4811 | mitchell.ces.ncsu.edu | www.Facebook.com/Mitchell-County-4-H

4-H is FUNdamental

Wednesday, June 1 | 9am-noon | Ages 5-8

Cost: \$10 | Limit 10

Location: Greenlee Primary School, Spruce Pine

Spend the morning learning 4-H basics while making your own snack that's also a science experiment and tie-dyeing your own t-shirt! It's a great introduction to 4-H and the many things a 4-H program offers!



4-H is FUNdamental – Junior Division

Thursday, June 2 | 9am-noon | Ages 9-11

Cost: \$10 | **Limit:** 15

Location: Cooperative Extension Center, Bakersville

This FUNdamental experience is cranked up a notch for older kids! We'll still make an edible science experiment and tie-dye, but we'll also make duct tape wallets or zippered pouches! Of course, we'll learn all about 4-H, too!

Let's Rock...with Geology!

June 13-16 (Mon-Thurs) | 9am-noon | Ages 8-10

Cost: \$10 **Limit:** 12

Location: Spruce Pine Public Library

(For this session, register by contacting the library!)

Explore each stage of the rock cycle using crayons, discover that rocks and minerals can be found in unexpected places (even our food!), make rock candy, discover what's inside a geode and more! Spruce Pine Library and Mitchell County 4-H team up for this rocky experience for youth.



West District 4-H Horsemanship Clinic

June 20-22 (Mon-Wed)

Ages and Costs: To Be Determined – *Information Packet Available May 2*

Location: WNC Ag Center, Fletcher, NC

4-H Members Only

Are you interested in learning more about horses? This event is full of great learning opportunities with professional clinicians teaching various topics! Participants arrive (with or without their horse) on Sunday evening (with a parent/guardian) and campout on the fairgrounds until Wednesday! There are fun unmounted activities for participants too!



Kids in the Kitchen with 4-H!

June 21 (Tues) | 9am-noon | Ages 5-9

Cost: \$10 **Limit:** 12

Location: Greenlee Primary School, Spruce Pine

Aprons on, everybody! This program is sure to please the young chef in the family! During this activity, youth will learn about measuring, food safety and how to create delicious cookies with no baking. They'll make an assortment of cookies to take home for sharing!



Cake Decorating with 4-H!

June 22 (Wed) | 9am-2pm (Bring a bag lunch!) | Ages 10-12

Cost: \$15 **Limit:** 15

Location: Bakersville Baptist Church Fellowship Hall, Bakersville

What are pastry bags, tips, couplers? They're all part of cake decorating equipment! Icing needs to be a certain *consistency*? What's that mean? We're going to practice *writing our name*? On a *graham cracker*? Yes! It's all part of cake decorating! Learn all this and go home with small cake that you have decorated!

West District 4-H Activity Day

June 25 (Sat) | Ages 5-18 | FREE

Location: AB Tech Campus, Asheville

4-H Members Only

Are you interested in developing your public speaking skills? If yes, this 4-H member only event is for you! 4-H members select and research a topic, create a presentation and slide or poster presentation and present in front of a panel of very friendly judges! It is competitive (except for Cloverbuds ages 5-7) and gold and silver winners advance to state competition! **Pre-enrollment is required by May 25 so sign up now by calling the 4-H Office!**



West District 4-H Outdoor Cookery Competition

June 25 (Sat) | 9am-3pm | Ages 8-18

Location: AB Tech Campus, Asheville

4-H Members Only

You say you love to get outside and grill? This outdoor cooking competition just might be your thing! Youth select a category in which to participate (beef, chicken, pork, turkey) and develop your own marinades, dry rubs, etc., and prepare a dish for trained, certified chefs! Asheville-Buncombe Community College's Culinary Arts Program helps with this event so it's a great way to hone your culinary skills and get feedback from the pros! **Pre-enrollment is required by May 25 so sign up now by calling the 4-H Office!**

4-H Residential Camp at Betsy-Jeff Penn 4-H Center

June 26-July 1 (Sun-Fri) | Ages 8-13

Cost: \$500 *(Some partial scholarships are available for qualifying families!)*

Location: Betsy-Jeff Penn 4-H Center

Join us for a fun-filled week of 4-H camp where you canoe, swim, ride horses, learn the basic ropes course, experience the climbing wall, play Gaga ball and more! Enjoy the campfire circle while making new friends from across the state! **There are only a few spaces left so call the 4-H Office now to reserve yours!**



4-H Target Shooting Sports Workshop

July 6-8 (Wed-Fri) | 9am-3pm | Ages 8-18

Cost: \$40 Limit: 30

Location: Mitchell County Sheriff's Dept. Shooting Range

Special instructions: The participant **MUST** be accompanied by a parent/guardian for the duration of the workshop.



Are you interested in learning how to properly shoot a bow and arrow, a .22 rifle, or a 20 or 12 – gauge shotgun? If yes, this workshop is for you! This beginner class is designed to give youth with little or no target shooting experience an opportunity to learn! Our 4-H Target Shooting Sports Certified Instructors will help you learn! Please bring a hat, sunscreen and wear closed toe shoes. Snacks are provided, but pack a lunch!



NC 4-H Congress

July 16-19 (Sat-Tues) | Ages 13-18

Cost: \$240 (and spending money for extra meals)

Location: NC State University, Raleigh
4-H Members Only

This signature event is a great way for 4-H teens to meet new friends, participate in fun, learning workshops, explore the NC State University campus and more! We stay in Raleigh and have some free time to explore the capital city, too! The 4-H state presentation finals are held during this time as well! **Registration deadline is June 28 so register soon!**

Put it Up! A 4-H Food Preservation Workshop for Kids!

August 2 (Tues) | 9am-noon | Ages 10 and up!

Cost: \$20

Location: Bakersville Baptist Church, Fellowship Hall

Learn how to prepare and preserve favorite fruits and vegetables (instructor's choice)! Youth will learn about canning techniques and, once completed, take home what's been preserved! Learn a skill that will serve you (and your family) forever!



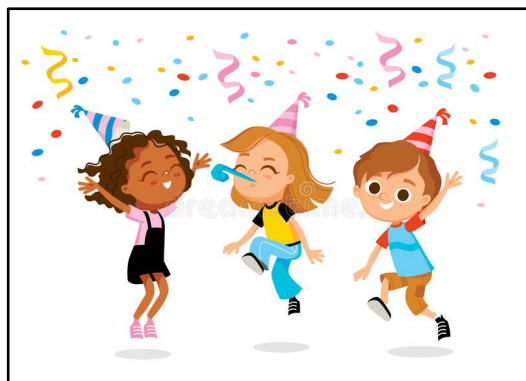
4-H Back to School Bash

August 10 (Wed) | 10am-2pm | Ages 8-11

Cost: \$10 **Limit:** 30

Location: Bear Creek Baptist Church, Ledger

Join us for one last hoorah before schools starts! We'll play water games, have sack races, make our own sponge water bombs, try our hand at an obstacle course, make and eat homemade ice cream and just have fun!



2022 4-H Summer Adventures Registration Form



Child's Name: _____ Age as of January 1, 2022: _____
First Name Last Name

Parent/Guardian Name: _____ Best Phone Number: () _____

Emergency Contact Name/Phone: _____ () _____

Email Address: _____

How did you hear about 4-H Summer Fun? _____

Select	Summer Fun Camp	Date	Time	Ages	Cost
	4-H is FUNdamental	June 1	9am-noon	5-8	\$10
	4-H is FUNdamental – Jr Division	June 2	9am-noon	9-11	\$10
	Let's Rock...with Geology!	June 13-16	9am-noon	8-10	\$10
	West District 4-H Horsemanship Clinic (4-H members only)	June 20-22	TBD	TBD	TBD
	Kids in the Kitchen with 4-H!	June 21	9-noon	5-9	\$10
	Cake Decorating with 4-H!	June 22	9am-2pm	5-9	\$15
	West District 4-H Activity Day (4-H members only)	June 25	9am-3pm	5-18	FREE
	West District 4-H Outdoor Cookery Competition (4-H members only)	June 25	9am-3pm	8-18	FREE
	4-H Residential Camp at Betsy Jeff Penn 4-H Center	June 26 - July 1		8-13	\$500
	4-H Target Shooting Sports Workshop	July 6-8	9am-3pm	8-18	\$40
	NC 4-H Congress (4-H members only)	July 16-19		13-18	\$240
	Put it Up! A 4-H Food Preservation Workshop for Kids!	August 2	9am-noon	10+	\$15
	4-H Back to School Bash	August 10	10am-2pm	8-11	\$10
	TOTAL DUE				

Registration Policies:

- NO phone, email, fax, or mail-in registration will be accepted.
- All registration fees are *non-refundable*, unless a class is cancelled.
- Camp spaces will *not* be held without member enrollment at v2.4honline.com.
- Camp spaces will *not* be held without payment.
- Returned checks result in \$30 charge.
- If your child is placed on a waitlist, payment will be due if a space opens and you accept.

Additional Information:

- Space is limited, so once enrolled, your child is expected to attend and participate. If your child can no longer attend, please contact the 4-H Office as soon as possible so we can offer the space to the waitlist.
- Please keep track of all camps for which your child has registered. You may receive an email the week before the camp begins, containing additional reminders. Do not rely on this as a reminder.
- Please arrive on time and pick up your children on time.
- If your child will be taking any medication (prescription or over-the-counter) during a 4-H camp, please advise the 4-H staff and supply medication in a labeled container for the leader to be responsible for.